

Dialogue with Inner and Outer Space

— Perceiving and Reading the Body-Mind —

with Markus Hirzig

Findhorn, weekend of 9 and 10 April 2011



To learn to read and work at subtle levels within the body is to experience life more directly and creatively in its inner and outer expressions. The outer is manifested through the physical and energetic appearance of our bodies. Through the body we learn to reconnect to our subtle inner experience and to act in life from this place. Life flows through us more spontaneously - our decisions and our clarity come from a more integrated place.

Noticing wherever there is sensation, tension or restriction, and sometimes unexpected emotion, we learn to explore the root of this, reading and perceiving our own body - and each others' bodies - more intuitively. We find that there is more transparency within us, and between ourselves and others, and that this can bring healing, vitality and a more intense and spacious connection with life. We live with deeper awareness, accepting and realizing our true being.

Venue and times to be confirmed (10am – 5pm is likely).

Cost: £90, £75 (NFA), £60 (FF co-workers), early booking required. To reserve your place, please contact either Stephen Busby (07910003923 or steve@stevebusby.com) or Nadasree Gadas at Cluny (01309 678077 or nadasree.gadas@findhorn.org).

This event precedes a course in Deep-Systems Inner Skills at Findhorn with Stephen from mid-April (more information available).

Markus is a highly respected deep-systems healing practitioner in Germany. He has worked alongside Thomas Hübl as his closest associate for many years – training the 'assistants' who support and spread his transformational work with people. Markus has thirty years' experience of bodywork and twenty years' of osteopathy and Cranio-sacral work. His deep insight and skill, along with his simple hands-on exercises, wisdom, and humour, are well-known and appreciated. He is based in Freiburg.

A day on Inner Leadership Potential from a Deep-Systems Place

with Markus Hirzig & Stephen Busby

Findhorn, Monday 11 April 2011

The higher intelligence in what is called "leadership" has its source in the personal and the transpersonal, springing from intuitive and emotional sources that are physically unbounded. We find it in people who are alert and receptive, conscious of their inner reserves of personal power, and who know how to bring these into alignment with their deepest values and life-goals, their environments and their projects. This leadership arises from an inner ground: it can transform the life of an individual, a group or an organisation into a strong field for evolutionary change where power (as Thomas Hübl reminds us) '*has not so much to do with the individual personality of a leader but more to do with his/her connectedness to the whole.*'

Through deep-systems and body-based work, this day will help you to access more of your authentic power in a way that also empowers others. It will help you to identify some leadership edges and so to release more of your creative and leadership potential. By working with whole-systems intelligence we will facilitate the emergence of new inner structures and personal leadership potentials.

Venue to be confirmed, times: 9am – 5.30pm.

Cost: £75, £50 (NFA), £40 (FF co-workers), early booking required. To reserve your place, contact Stephen (on 07910003923 or steve@stevebusby.com).

Stephen has trained with Markus and with Thomas Hübl at the Academy of Inner Science in Germany, where he participates in research into collective intelligence and healing. He's part of UK-based group of pioneers in deep-systems work and lives at Findhorn. He has over 25 years' experience helping people to find and fulfil their higher potential, working in private and non-profit sectors in Europe, Africa, Asia & North America, and recently founded 'The Deep-Systems Healing Practice for Individuals and Organisations.'

