

The Systemic Approach to Healing – through Constellation Work

A weekend event in The Park with Stephen Busby & Helmut Dannemann

**** 15th and 16th May 2010 ****

In systemic constellation work, patterns of relationships are revealed where 'entanglements' prevent a healthy flow of energy and block change in our lives, keeping us tied to illness or addictive habits. Underlying dynamics which prevent us from moving forward into our full potential show themselves, allowing us to see the consequences of hidden bonds from the past, bringing insight to what holds us back, and pointing toward resolution. The work can be a powerful channel for personal and whole-system healing.

This weekend will be a way for you to explore and gain insight into any *personal issue* (life purpose, relationship, health...), or *professional concern* (business or career development...), or *social, community, or family issue* which you'd like to work with in a safe space.

Contact me on 07910003923 or steve@stevebusby.com for more information or to reserve a place. Suggested prices are: £100, £80 (NFA member), or £60 (Foundation co-worker).

I work with the Nowhere Foundation: a group of pioneers who take systemic work into schools, companies, prisons and the health services (the next day-session in Forres for children's issues and youth work will be on May 8th). I integrate Thomas Huebl's teachings, allowing presence and collective intelligence to open and deepen the field in unexpected ways, learning how to work with what arises, and including body-based presence especially. And I offer systemic coaching: brief, solution-focussed sessions for deep-issue resolution in personal or professional life.



Helmut lives in northern Germany and is a proud father of four sons. He works as a coach and mediator in NGOs, communities and companies, creatively integrating his systemic constellation work, Thomas Huebl's teachings, shamanism, indigenous and other traditions (he is a master of martial arts). As one of Thomas' colleagues, I know him as a powerful, vulnerable and courageous man, living from an ever more expansive heart. He's thrilled to bring his work to Findhorn for the first time.

Recent feedback received:

"Thank you for your work with us, it was extraordinary to witness and be part of such deep and moving transformation."

"Your gentle but firm way created a very safe space. Many insights still emerging. I feel so completely in the flow with everything - very relaxed - a beautiful sense of oneness."

"Your skill and sensitivity created a safe space for some deep and profound shifts to take place. I was surprised in the best way by what I witnessed and took part in."

"The systemic theme allowed a surprising simplicity and clarity to emerge. Your ability to work systemically got through to the depths and totally bypassed my usual over-analytical way of looking at things."

"How smoothly you brought the issue from my family system together with my current life-issue. Switching positions and looking from the opposite perspective was very powerful to me."

"The session was a deep experience, it was very supportive that you were clear about what needed to be done. It was easy to trust and I felt safe - really important for me."