

# Deep-Systems Inner Skills

*A part-time evening course in skills for a systemic field-based perspective - at Findhorn from April to July 2011 for facilitators, coaches, counsellors, therapists, supervisors, managers and leaders,*

with Stephen Busby

If your work is to help others bring about change in themselves or in other people, the next step in your development may depend on your ability to cultivate - and navigate within - subtle space, allowing movement, change or healing to emerge. This is a valuable inner skill in a world characterised by ever-higher degrees of complexity and increasing inter-dependence, where older models of facilitation and intervention based on control and predictability are of little use.

We will work from an integrated, embodied and somatic intelligence, arising from both the personal and transpersonal domains. The course will be a journey into systemic phenomenological forms of understanding which entail a particular kind of presence and focus. It will help you cultivate a broader more differentiated perceptual range than you may normally allow, shifting the emphasis from *working with people* to *working with whole and often invisible fields* of which people are a part. It may radically alter your view on and experience of life.

*"Change is at its base a modification of our own inner perceptual structure. If we perceive in a different way, the world around us changes. We then live in a different world, discern other things, and are able to act differently on the outside"*  
(Johannes Schmidt)

## **What will the course achieve?**

- It will help to change the way you work with others – within a space of interconnected wholes rather than of isolated parts;
- It will enable you to draw on supportive forces to create new ways towards more holistic, sustainable solutions.

## **What will you learn?**

- To integrate systemic principles of intervention into your work or life, learning new problem-solving skills;
- To diagnose situations and restore some balance where invisible dynamics and entanglements have made this difficult;
- To make decisions and act with respect to the integrity of whole systems;
- To relate differently within complex human environments, discovering new ways of learning and of leading there.

In addition, you will practice becoming more sensitive to - and resonant with – the whole field of human interaction, and to cultivate a more attuned self-connection.

Although the course is not a formal training in systemic constellation work, we will cover some essential principles and will practice using them. Our focus will be on the *inner skills* which are involved, enabling you to apply your abilities and sensitivities in any situation which may not necessarily involve or require constellation practice. For the course, you will need at least some prior experience of this work (for instance at one of my open public days – the next available will be on Saturday 19th March, booking required in advance).

## **What are the dates?**

The course will be in 2 parts: the 1st series of 5 modules beginning in April 2011 on weekday evenings: **6.45-10pm**, and one whole Saturday: **9am-5.45pm**:

1. Thursday 14 April
2. Wednesday 20th April
3. Wednesday 4th May
4. Saturday 7 May
5. Thursday 19 May

The weekend workshop on 9th and 10th April: **"Dialogue with Inner and Outer Space: Perceiving and Reading the Body-Mind"** with visiting deep-systems practitioner Markus Hirzig is highly recommended as part of this Inner Skills course (information available separately from me).

The 2nd series of modules will begin on Wednesday 22nd June and continue to mid-July (exact dates to be agreed during the 1st series, it will probably include two whole Saturdays).

*Stephen has been helping people to find and fulfil their higher potential for over 25 years, working in private and non-profit sectors in Europe, Africa, Asia and N. America. He trained in Germany at the Academy of Inner Science and in the UK with Judith Hemming of the Nowhere Foundation, and now works with Thomas Hübl on new projects in consciousness and deep-systems. He recently founded 'The Deep-Systems Healing Practice for Individuals and Organisations'.*

## **What's the commitment?**

The commitment is to the 1st part and then later to the 2nd part separately. Because of other community commitments I understand that not everyone may be able to attend all modules - I ask that you commit to miss no more than one module in a series if possible.

## **How much will it cost?**

Foundation co-worker or NFA: the cost is £35 per weekday evening module and £60 per whole Saturday (non-NFA: £45 per evening module and £70 per Saturday) – *some reductions in costs may be possible – please speak to me.*

## **How do I find out more – or book a place – and where will it happen?**

Contact me on 07910003923 or at [steve@stevebusby.com](mailto:steve@stevebusby.com). Bookings for the 1st series of modules are required before 20th March. Local venues will be confirmed.